

## **METHODS FOR IMPROVING THE EXPRESSION OF CHARACTER AND INNER WORLD IN PORTRAIT ART**

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**Annotation:** This article primarily analyzes the modern methods of expressing character and the inner world in portrait art. Portrait art mainly reflects the external appearance and internal state of a person, where the methods of depicting the artist's inner world and psychological state play a crucial role. The article discusses the distinctive features and evolving methods of expressing character and the inner world through portrait art, as well as the ways in which artists leave their creative mark. This topic highlights not only the aesthetic value of portrait art but also its psychological significance.

**Keywords:** Portrait Art, Psychological Traits, Artist Methods, Expression of Character, Inner World,

## **МЕТОДЫ УЛУЧШЕНИЯ ВЫРАЖЕНИЯ ХАРАКТЕРА И ВНУТРЕННЕГО МИРА В ПОРТРЕТНОМ ИСКУССТВЕ**

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**Аннотация:** В данной статье в первую очередь анализируются современные методы выражения характера и внутреннего мира в портретном искусстве. Портретное искусство в основном отражает внешний облик и внутреннее состояние человека, где методы изображения внутреннего мира и психологического состояния художника играют решающую роль. В статье рассматриваются отличительные черты и развивающиеся методы выражения характера и внутреннего мира в портретном искусстве, а также способы, которыми художники оставляют свой творческий след. Эта тема подчеркивает не только эстетическую ценность портретного искусства, но и его психологическое значение.

**Ключевые слова:** Портретное искусство, Психологические черты, Методы художника, Выражение характера, Внутренний мир,

## **Introduction.**

Portrait art plays a crucial role in reflecting both the inner world and the external appearance of a person. It is one of the oldest and most complex forms of art, initially focused on representing a person's external appearance, facial expressions, and posture. However, with the development of portrait art, artists have expanded beyond just depicting the outer appearance and began to explore the expression of a person's emotional state, psychological experiences, and inner world. Through portraiture, the character, emotions, and psychological aspects of a person are powerfully expressed. In this art form, the artist not only captures the external appearance but also incorporates the subject's inner world into their work. By using colors, composition, shading, and lighting, the artist has the ability to unveil the inner world of the subject.

## **Literature review and methodology.**

The historical development of portrait art has included new approaches to depicting both the external appearance and the inner world of a person. Numerous scholarly studies have attempted to analyze the artistic and psychological significance of portraiture, focusing on the success of artists in portraying the inner world. The psychological aspects of portrait art were first explored in the 17th century during the Baroque period by famous artists like Rembrandt and Francisco de Goya. These artists reflected not only the external appearance of a person but also their inner experiences and emotional states. The changing methods of portrait art include not only traditional approaches but also new techniques used by contemporary artists to depict the inner world. For example, in the 20th century, Expressionism and Surrealism schools used portraiture to represent psychological and internal worlds. Expressionist artists accepted portraiture as an ideal tool for portraying emotional states, where human emotions, fears, and inner experiences were expressed through colors, shapes, and structural elements. Surrealism, on the other hand, used portraiture to depict the inner consciousness and unconventional imaginations of the subject. Moreover, the works of psychologists like Viktor Frankl and Zygmont Freud are crucial in the development of artistic and scientific analyses of expressing the inner world through portraiture. Their psychological analysis methods and approaches to understanding the human psyche have created new possibilities for portrait art. The methods for expressing character and the inner world in portrait art have been studied. The methodology of the research uses both qualitative and quantitative research methods. The study involves analyzing existing literature on portrait art and identifying methods for expressing the inner world and character through artists' works. The process includes comparing

classical and modern portrait techniques, as well as studying the artistic methods used in portrait creation. In qualitative research, the works of portrait artists and their psychological approaches are analyzed. These approaches include examining the psychological and artistic methods artists use in creating portraits, and the artistic tools they apply to represent the inner world. Changes in artists' approaches and the impact of applying new methods are also examined. Quantitative research identifies the measures of success in portraying the inner world and character through portrait art. This method helps evaluate the effectiveness of different portrait techniques and methods. By analyzing the success and failure of artists' approaches, and examining their innovative portraiture techniques, the effectiveness of portrait art methods can be assessed.

### **Discussion and conclusion.**

Portrait art is a unique artistic form that plays a crucial role in expressing both the inner world and the character of a person. Each era and culture has developed its own methods of portraiture, leading to new approaches for reflecting a person's external appearance and internal state. In particular, portrait art has provided vast opportunities for artists to express the inner world through their individual approaches and artistic methods. Contemporary artists are experimenting with numerous new techniques and methods in the process of creating psychological portraits, which has led to revolutionary changes in the field of portrait art. Especially in the 20th century, portrait art became prominent due to the success of artists in depicting human psychology, emotions, and the inner world. Artistic movements like Expressionism and Surrealism transformed portraiture into one of the strongest tools for reflecting the internal world. Expressionist artists used colors, shapes, and shading to express the psychological state and inner experiences of their subjects. Surrealism, on the other hand, utilized portraiture to represent the subconscious and unconventional imaginations. These approaches marked the beginning of a new phase in portrait art, enhancing its artistic and psychological significance. The personal approach of artists plays a significant role in expressing the inner world through portraiture. Each artist, based on their artistic thinking, applies new methods to portray the inner world of a person. For instance, in recent years, psychological aspects, inner experiences, and individual states have become more prominent in portrait art, with artists increasingly embracing subjectivity in their works. On the other hand, the portraits created by artists can evoke individual and collective reactions in viewers, stirring new emotions. This creates new dimensions for portrait art. The methods of expressing character and the inner world through portraiture have been perfected, especially by contemporary artists. The artistic and psychological significance of

portraiture has increased today, with artists opening new opportunities to reveal the inner world of individuals through this art form. New methods, using modern technologies and techniques, are applied to create portraits where the psychological state of the subject is expressed in a clearer and more precise way. Furthermore, the psychological approaches in portrait art are not only artistically compelling but also scientifically significant. The intersection of psychology and art gives portraiture an essential role, encouraging artists to help viewers gain a deeper understanding of human nature by revealing the inner world. This research shows that portrait art is the most effective tool for reflecting not only a person's external appearance but also their inner experiences, psychological state, and character.

### **Conclusion.**

Portrait art has historically established itself as the most powerful tool for expressing both the inner world and external appearance of a person. Through this art form, artists aim not only to depict the physical appearance but also the emotional state, mood, feelings, and inner experiences of the subject. Especially from the 20th century onwards, portraiture evolved into an unchanging art form that portrays not just the external appearance but also the inner world of the individual. In the history of portrait art, movements such as Expressionism and Surrealism used portraiture as a strong means to reflect internal emotions and psychological states. These movements provided artists with the opportunity to apply new artistic and psychological methods. In Expressionism, for example, artists used colors and shapes to express the psychological state and inner experiences of individuals. In Surrealism, portraits were used to represent the subconscious and unconventional imaginations of the subject. The creative approaches of artists play a significant role in expressing character and the inner world through portraiture. Each artist uses unique methods in their artwork to depict the human psyche. Portrait art, through its portrayal of the inner world, also evokes new emotions and thoughts in the viewer. This makes portraiture not only aesthetically valuable but also psychologically and scientifically significant. Today, portrait art continues to evolve, enriched with new technologies, methods, and techniques. Contemporary artists are incorporating digital technologies and new visual approaches into their work, which has brought portrait art to a new stage. Moreover, artists are striving to depict the psychological state of the subject in more profound and precise ways through the application of new methods. Additionally, psychological methods and scientific approaches play a major role in further developing the expression of the inner world through portraiture. The connection between psychology, art, and artistic techniques has strengthened, creating new opportunities for portrait art. Artists are now making significant

changes not only artistically but also scientifically by highlighting inner emotions and psychological states in their works. Thus, portrait art is a powerful means of self-expression and communication. It continues to be the most effective tool for depicting not only external appearances but also the inner world, psychological states, and character. The creativity and methodological research of artists have made portraiture even more refined, enriching this art form with new artistic and psychological dimensions.

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